Middle School Daily Schedule

Grades 7 & 8

<u>7:45 - 8:15</u>

Middle School students arrive in the classroom and spend time getting settled in their work areas. Each morning, students unpack and organize their belongings, submit assignments, and set work goals for the day. This time also includes a small writing practice or grammar task that students complete independently at their desks.

8:15 - 8:30

Once students have arrived, the class meets together to hold a community meeting. These meetings are student led and include activities like mindfulness, announcements, work goals, and the agenda for the day. Students also have a chance to review assignments and ask questions to each other or the teacher.

<u>8:30 - 11:30</u>

Whole group or small group lessons in Language Arts, Science, and History are given during this time. Students have a chance to have group discussions, take notes, or review expectations for assignments. If no lessons are given, students have a chance to complete independent work.

<u>11:30 – 12:15</u>

Students spend time in PE Class playing games/sports or learning about health and fitness.

<u>12:15 - 1:00</u>

Middle School students eat lunch during this time. This time also serves as a social time for students to build relationships and enjoy conversation.

1:00 - 2:45

The afternoon serves as a time for specials classes such as Art, Music, Drama, Information Technology, or Spanish. Students travel to other parts of the school and visit unique learning environments that help them explore new creative outlets and cultural experiences.

2:45 - 3:00

Students return to the classroom to restore the learning environment during this time. Each student is responsible for a classroom job to help keep the classroom environment clean and prepare it for the next day.

<u>3:00 – 3:15</u>

The end of the day is spent meeting together to hold a closing meeting. Students review if they reached their goals, remind each other of due dates and upcoming events, and acknowledge each other for positive actions during the day. Students are dismissed for the day following the closing meeting.